

Combinations and Counters for Judo Throwing Techniques

| Technique | Set-up Attack | Follow-up Attack | Counter |
|---|--|---|---|
| <u>Ashi Guruma</u> Foot Wheel | <u>De Ashi Harai</u> <u>Okuri Ashi Harai</u> | <u>O Soto Gari</u> | <u>Nidan Ko Soto Gari</u> |
| <u>De Ashi Harai</u> Advancing Foot Sweep | <u>O Uchi Gari</u> | <u>Tai Otoshi</u> <u>Morote Seoinage</u> | <u>Tsubame Gaeshi</u> |
| <u>Hane Goshi</u> Spring Hip Throw | <u>De Ashi Harai</u> <u>Ko Uchi Gari</u> | <u>O Uchi Gari</u> | <u>Ushiro Goshi</u> <u>Utsuri Goshi</u> <u>Tani Otoshi</u> <u>Yoko Guruma</u> |
| <u>Harai Goshi</u> Sweeping Hip Throw | <u>De Ashi Harai</u> <u>Ko Uchi Gari</u> | <u>O Soto Gari</u> | <u>Ushiro Goshi</u> <u>Te Guruma</u> <u>Utsuri Goshi</u> <u>Tani Otoshi</u> <u>Ura Nage</u> |
| <u>Hiza Guruma</u> Knee Wheel | <u>O Soto Gari</u> | <u>O Soto Gari</u> <u>Ko Soto Gari</u> | <u>Ko Uchi Gari</u> <u>Kuchiki Taoshi</u> <u>O Uchi Gari</u> |
| <u>Kani Basami</u> Flying Scissors | <u>Harai Goshi</u> <u>O Guruma</u> | Newaza | <u>Tani Otoshi</u> <u>Nidan Ko Soto Gari</u> |
| <u>Koshi Guruma</u> Hip Wheel | <u>O Uchi Gari</u> | <u>O Soto Gari</u> <u>O Uchi Gari</u> | <u>Ushiro Goshi</u> <u>Utsuri Goshi</u> <u>Tani Otoshi</u> |
| <u>Ko Soto Gake</u> Minor Outside Hook | <u>Okuri Ashi Harai</u> | <u>Ko Soto Gari</u> <u>Tai Otoshi</u> <u>O Uchi Gari</u> | <u>Uchi Mata</u> |
| <u>Ko Soto Gari</u> Minor Outside Reap | <u>Hiza Guruma</u> <u>O Uchi Gari</u> | <u>Sasae Tsuru Komi Ashi</u> <u>Kibisu Gaeshi</u> | <u>Uchi Mata</u> <u>Kani Basami</u> |
| <u>Ko Uchi Gari</u> Minor Inner Reap | <u>O Uchi Gari</u> <u>Uchi Mata</u> <u>Ippon Seoinage</u> <u>Tai Otoshi</u> | <u>O Uchi Gari</u> <u>Ippon Seoinage</u> | <u>Hiza Guruma</u> <u>Nidan Ko Soto Gake</u> <u>Ko Uchi Gaeshi</u> |
| <u>Ko Uchi Makikomi</u> Minor Inner Wraparound | <u>O Uchi Gari</u> <u>Ippon Seoinage</u> | <u>O Uchi Gari</u> <u>Ippon Seoinage</u> | <u>Hiza Guruma</u> <u>Sumi Gaeshi</u> <u>Ko Uchi Gaeshi</u> |
| <u>Nidan Ko Soto Gari</u> Double Outside Reap | <u>O Soto Gari</u> | <u>Tani Otoshi</u> | <u>Uchi Mata</u> |
| <u>O Goshi</u> Major Hip Throw | <u>O Uchi Gari</u> | <u>O Uchi Gari</u> | <u>Ushiro Goshi</u> <u>Utsuri Goshi</u> <u>Yoko Guruma</u> <u>Tani Otoshi</u> |
| <u>O Guruma</u> Major Wheel | <u>De Ashi Harai</u> | <u>Kani Basami</u> | <u>Ushiro Goshi</u> <u>Utsuri Goshi</u> <u>Tani Otoshi</u> |
| <u>Okuri Ashi Harai</u> Sliding Foot Sweep | <u>Sasae Tsuru Komi Ashi</u> | <u>Tai Otoshi</u> <u>Harai Goshi</u> <u>Seoi Otoshi</u> | <u>Tsubame Gaeshi</u> <u>Harai Goshi</u> |
| <u>O Soto Gari</u> Major Outer Reaping | <u>Harai Goshi</u> <u>Seoinage</u> | <u>Nidan Ko Soto Gari</u> <u>Sasae Tsuru Komi Ashi</u> <u>Harai Goshi</u> <u>Hiza Guruma</u> <u>O Soto Makikomi</u> <u>O Soto Otoshi</u> | <u>O Soto Gaeshi</u> <u>Harai Goshi</u> <u>O Soto Makikomi</u> <u>Ura Nage</u> |
| <u>O Uchi Gari</u> Major Inner Reaping | <u>Ko Uchi Gari</u> <u>Tai Otoshi</u> <u>Tsuru Goshi</u> | <u>Uchi Mata</u> <u>Tai Otoshi</u> <u>O Soto Gari</u> | <u>O Uchi Gaeshi</u> <u>Nidan Ko Soto Gari</u> |

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| | <u>Hane Goshi</u> | <u>Ko Uchi Gari</u> | |
|---|--|---|---|
| <u>Sasae Tsuru Komi Ashi</u> Lifting Pulling Ankle Block | <u>O Soto Gari</u> | <u>Harai Goshi</u> <u>O Soto Gari</u> <u>Tai Otoshi</u> | <u>Ko Uchi Gari</u> <u>O Uchi Gari</u> <u>O Soto Gari</u> |
| <u>Seoinage</u> Shoulder Throw | <u>Ko Uchi Gari</u> <u>O Soto Gari</u> | <u>Kata Guruma</u> <u>Ko Uchi Gari</u> <u>O Soto Gari</u> <u>Sukuinage</u> | <u>Ushiro Goshi</u> <u>Te Guruma</u> <u>Utsuri Goshi</u> <u>Tani Otoshi</u> |
| <u>Seoi Otoshi</u> Shoulder Drop | <u>De Ashi Harai</u> <u>O Uchi Gari</u> | <u>O Uchi Gari</u> <u>O Soto Gari</u> | <u>Ko Soto Gake</u> |
| <u>Sode Tsuru Komi Goshi</u> Sleeve Lifting Pulling Hip | <u>O Uchi Gari</u> | <u>O Uchi Gari</u> <u>O Soto Gari</u> | <u>Ushiro Goshi</u> <u>Sukui Nage</u> <u>Tani Otoshi</u> |
| <u>Sumi Gaeshi</u> Corner Reversal | <u>De Ashi Harai</u> | <u>O Uchi Gari</u> <u>Juji Gatame</u> | <u>O Uchi Gari</u> |
| <u>Tai Otoshi</u> Body Drop | <u>De Ashi Harai</u> <u>O Uchi Gari</u> | <u>Tai Otoshi</u> <u>O Uchi Gari</u> <u>Yoko Tomoe Nage</u> | <u>Ko Soto Gake</u> |
| <u>Tani Otoshi</u> Valley Drop | <u>Ko Soto Gari</u> | <u>Nidan Ko Soto Gari</u> | <u>Uchi Mata</u> <u>O Uchi Gari</u> |
| <u>Tomoe Nage</u> Circle Throw | <u>De Ashi Harai</u> <u>Tai Otoshi</u> | <u>Juji Gatame</u> | <u>O Uchi Gari</u> <u>Ko Uchi Gari</u> |
| <u>Tsuru Goshi</u> Lifting Hip | <u>Ko Uchi Gari</u> <u>O Uchi Gari</u> | <u>Ko Uchi Gari</u> <u>O Uchi Gari</u> | <u>Ushiro Goshi</u> <u>Te Guruma</u> <u>Utsuri Goshi</u> <u>O Goshi</u> <u>Tani Otoshi</u> <u>Ura Nage</u> |
| <u>Tsuru Komi Goshi</u> Lifting Pulling Hip | <u>Ko Uchi Gari</u> <u>O Uchi Gari</u> | <u>Ko Uchi Gari</u> <u>O Uchi Gari</u> | <u>Ushiro Goshi</u> <u>Te Guruma</u> <u>Utsuri Goshi</u> <u>O Goshi</u> <u>Tani Otoshi</u> |
| <u>Uchi Mata</u> Inner Thigh Throw | <u>Ko Uchi Gari</u> <u>O Uchi Gari</u> | <u>Tai Otoshi</u> <u>Ko Uchi Gari</u> <u>O Uchi Gari</u> | <u>Te Guruma</u> <u>Nidan Ko Soto Gake</u> <u>Ura Nage</u> <u>Tani Otoshi</u> <u>Uchi Mata Sukashi</u> |
| <u>Uki Goshi</u> Floating Hip | <u>Ko Uchi Gari</u> <u>O Uchi Gari</u> | <u>Ko Uchi Gari</u> <u>O Uchi Gari</u> | <u>Ushiro Goshi</u> <u>Te Guruma</u> <u>Utsuri Goshi</u> <u>O Goshi</u> <u>Tani Otoshi</u> |
| <u>Ura Nage</u> Back Throw | <u>Tani Otoshi</u> <u>Ko Soto Gake</u> | <u>Ushiro Goshi</u> <u>Te Guruma</u> <u>Tani Otoshi</u> | <u>Uchi Mata</u> <u>Ko Uchi Gari</u> <u>O Uchi Gari</u> |
| <u>Ushiro Goshi</u> Rear Hip Throw | <u>Ko Soto Gake</u> | <u>Ura Nage</u> | <u>Ko Uchi Gari</u> <u>O Uchi Gari</u> |